List of Home Remedies You Can Make: Coronavirus/COVID-19 Protection Resources

For regular updates and information on COVID-19 spread and response visit:


*Making a natural disinfectant vinegar base instruction

https://www.wikihow.com/Make-a-Natural-Disinfectant

*How to make a hand sanitizer video - https://www.youtube.com/watch?v=eeY-FVia1Vg
https://www.youtube.com/watch?v=3TxiTDYOFg0

*Note: Content found in this document are suggestions only and have not been approved by the CDC.

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How to wash your hands - https://www.youtube.com/watch?v=4xC-_7ZiQoY

*Boost your immune system* - https://www.youtube.com/watch?v=FqkB7jw99rQ

List for coronavirus essentials shopping list -
https://www.youtube.com/watch?v=q-rVcaFSf5A

Fact checking coronavirus information -

- https://www.youtube.com/watch?v=5CRxyHU9Oxo
- https://youtu.be/c09m5f7Gnic (comic relief)
- https://youtu.be/_066dEkycr4 (comic relief)

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